



Letchworth Financial Health

Your Weekly Spending Diary

Week Commencing:

Day	Category	Item	Amount	Card or Cash?	Need or Want?	Category List
						Beverages
						Car Related
						Communication
						Children
						Clothes/Footwear
						Emergencies
						Entertainment
						Groceries
						Health
						Hair/Nails
						Holidays
						Household Items
						Insurances
						Miscellaneous
						Reading Material
						Rent/Mortgages
						Restaurants
						Smoking
						Takeaways
						Travel
						Toiletries
						Utilities
		Weekly Total				

Join our Facebook Group for more information on how to deal with your debts and maximize your income [Letchworth Financial Health | Facebook](#)
 If you require help from our specialist debt and benefit advisers, please either call 01462 688014 or email letchworthdebtandbenefits@nhdcab.org.uk